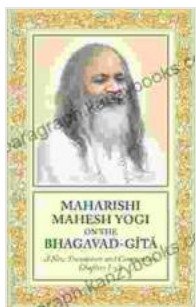


Unlocking the Timeless Wisdom of the Bhagavad Gita with Maharishi Mahesh Yogi

Embark on a profound journey into the sacred text of the Bhagavad Gita, guided by the illuminating insights of Maharishi Mahesh Yogi, a renowned spiritual master and the founder of Transcendental Meditation. This comprehensive exploration of the ancient text unveils its timeless wisdom, offering practical guidance for personal growth, spiritual enlightenment, and the attainment of inner peace.



Maharishi Mahesh Yogi on the Bhagavad-Gita: A New Translation and Commentary With Sanskrit Text --

Chapters 1 to 6 by Maharishi Mahesh Yogi

★★★★☆ 4.4 out of 5

Language	: English
File size	: 5332 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 564 pages



Maharishi Mahesh Yogi: A Guiding Light

Maharishi Mahesh Yogi, born Mahesh Prasad Varma in 1918, dedicated his life to the pursuit of enlightenment and the dissemination of ancient wisdom. He spent decades studying the Vedas, Upanishads, and other sacred texts, culminating in his profound understanding of the Bhagavad Gita.

Maharishi's teachings centered around the concept of Transcendental Meditation, a simple yet powerful technique that allows individuals to experience deep inner silence, connect with their true selves, and access higher states of consciousness. It is through this practice that Maharishi was able to постичь the profound depths of the Bhagavad Gita and share its timeless wisdom with the world.

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Composed as a dialogue between Lord Krishna and the warrior prince Arjuna, the text delves into profound philosophical and spiritual concepts, offering guidance on how to navigate the complexities of life and achieve lasting happiness.

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- The nature of reality and the true self
- The path to liberation and spiritual enlightenment
- The art of karma yoga, selfless action
- The importance of devotion and surrender
- The ultimate goal of life: God-realization

A Journey of Transformation

Maharishi's commentary on the Bhagavad Gita is not just an academic exercise; it is a transformative journey that empowers readers to apply the

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- Navigate life's challenges with wisdom and equanimity
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- Experience a profound connection with the divine and the universe

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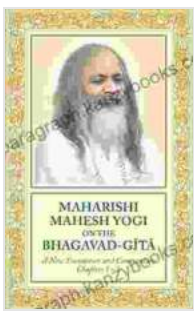
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