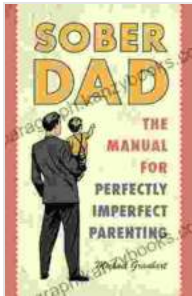


# Sober Dad: The Manual for Perfectly Imperfect Parenting



## Sober Dad: The Manual for Perfectly Imperfect Parenting by Michael Graubart

★★★★☆ 4.5 out of 5

Language	: English
File size	: 3454 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 233 pages



### By John Donovan

If you're a dad who's struggling with sobriety, or if you're just looking for a better way to parent your children, then this book is for you.

Sober Dad is the ultimate guide to raising happy, healthy, and successful kids while living a sober life. This book covers everything from the basics of sobriety to the specific challenges that dads face when raising children.

John Donovan, the author of Sober Dad, is a recovering alcoholic and the father of three children. He knows firsthand the challenges that dads face when trying to stay sober while raising a family. In this book, he shares his story and offers practical advice on how to:

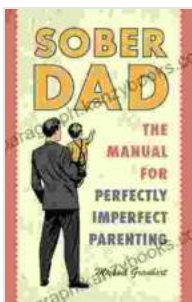
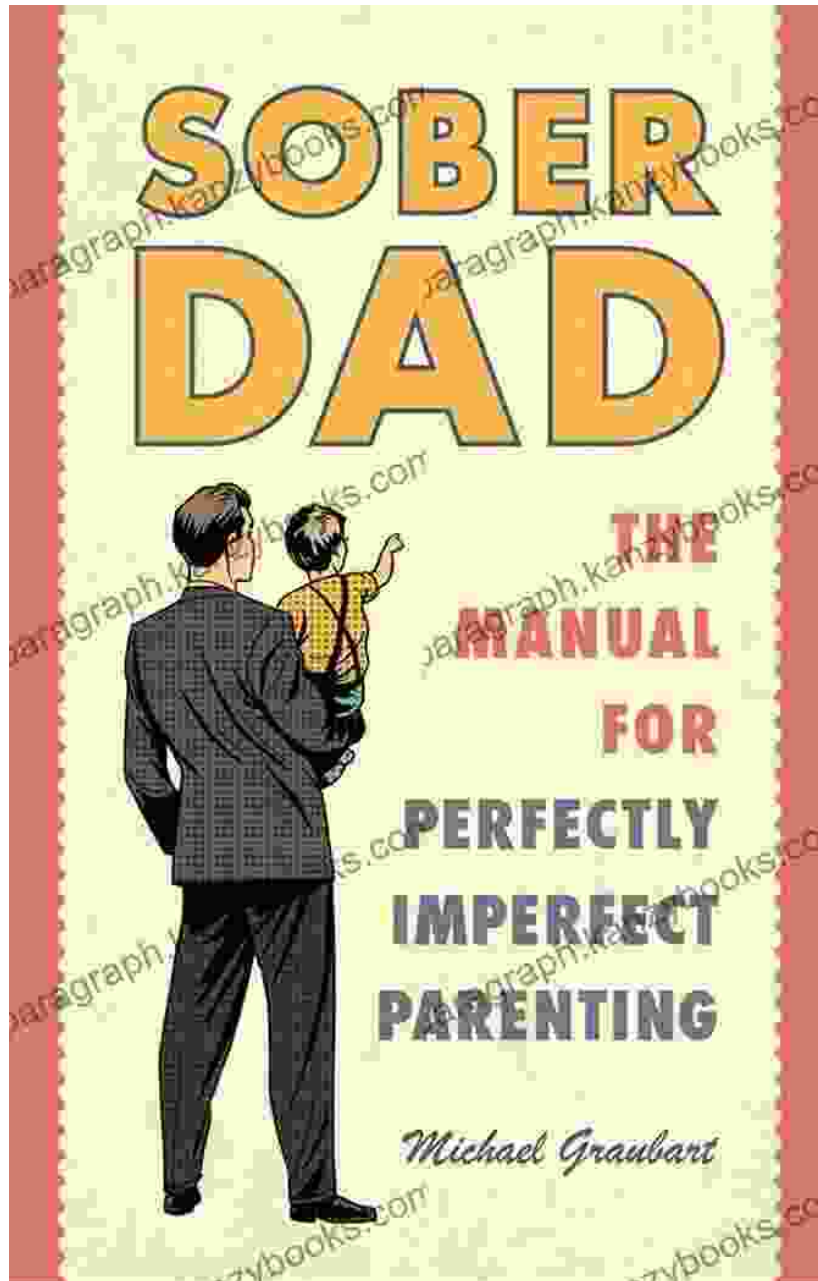
- Overcome the challenges of addiction
- Create a supportive home environment for your children
- Communicate effectively with your children about addiction
- Set boundaries and expectations for your children
- Discipline your children in a healthy way
- Build strong relationships with your children

Sober Dad is more than just a book about addiction. It's a book about parenting. It's a book about love. And it's a book about hope.

If you're a dad who's struggling with sobriety, or if you're just looking for a better way to parent your children, then I encourage you to read Sober Dad. This book could change your life.

**Free Download Your Copy Today!**

Click here to Free Download your copy of Sober Dad today!



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