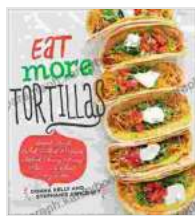


# Indulge in the Delightful Delicacies of "Eat More Tortillas" by Stephanie Ashcraft

## A Culinary Adventure into the Heart of Mexican Cuisine

Prepare your taste buds for an extraordinary culinary journey as renowned cookbook author Stephanie Ashcraft presents her latest masterpiece, "Eat More Tortillas." This delectable tome unveils a comprehensive collection of tortilla-based recipes that are sure to tantalize your palate and transport you to the vibrant streets of Mexico.

With over 100 mouthwatering recipes, "Eat More Tortillas" is an indispensable resource for home cooks of all skill levels. From traditional tacos and enchiladas to innovative twists on classic dishes, Ashcraft's culinary creations showcase the versatility and endless possibilities of this beloved staple.



### **Eat More Tortillas** by Stephanie Ashcraft

★★★★☆ 4 out of 5

Language	: English
File size	: 17781 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 128 pages
Lending	: Enabled

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## **Authentic Flavors from Across Mexico**

Ashcraft's exploration of Mexican cuisine extends beyond the borders of any single region. She draws inspiration from various states and cultures, ensuring that each recipe authentically reflects the unique flavors and cooking traditions of Mexico. Discover the secrets of Baja California's fish tacos, Oaxaca's smoky mole sauces, and the vibrant flavors of Chiapas's coffee-spiced dishes.

Whether you're a seasoned tortilla enthusiast or just starting to explore the joys of this culinary staple, "Eat More Tortillas" will ignite your passion for all things tortilla. Ashcraft's detailed instructions and beautiful photography guide you through every step of the cooking process, making it easy for you to recreate these mouthwatering dishes in your own kitchen.

## **Beyond the Corn and Flour**

While corn and flour tortillas are the most commonly known varieties, "Eat More Tortillas" expands your tortilla horizons with innovative gluten-free and grain-free options. From almond flour tortillas to sweet potato tortillas, Ashcraft's recipes cater to every dietary need and preference.

But it doesn't end there! This culinary adventure also includes a fascinating exploration of the diversity of tortillas, from traditional nixtamalized corn tortillas to blue corn tortillas and even banana leaf-wrapped tortillas. Your taste buds will be amazed by the endless possibilities that tortillas offer.

## **Unveiling the Secrets of Tortilla Making**

"Eat More Tortillas" is not merely a recipe book; it's an educational resource that takes you on a journey through the history, culture, and techniques of tortilla making. Ashcraft shares her expertise on nixtamalization, the ancient

process that transforms corn into masa, and provides step-by-step instructions for making your own tortillas from scratch.

Whether you're a novice or an experienced cook, you'll appreciate the detailed guidance and practical tips that Ashcraft provides throughout the book. Her passion for tortilla-making is contagious, and you'll find yourself eager to experiment with different techniques and create your own signature tortilla creations.

### **The Perfect Companion for Every Occasion**

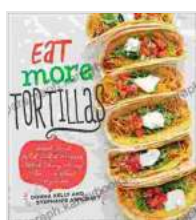
From casual family dinners to festive gatherings, "Eat More Tortillas" is the perfect companion for every occasion. Ashcraft's recipes are versatile enough to suit any setting, whether you're looking for a quick and easy weeknight meal or a showstopping dish for a special celebration.

With its stunning photography and comprehensive index, "Eat More Tortillas" is not only a cookbook but also a beautiful coffee table book that will inspire you to cook and entertain with style.

### **Immerse Yourself in the World of Tortillas**

If you're passionate about tortillas or simply looking to expand your culinary horizons, "Eat More Tortillas" is an essential addition to your cookbook collection. Stephanie Ashcraft's masterful recipes, insightful commentary, and captivating photography will take you on an unforgettable culinary adventure that will leave your taste buds craving for more.

Indulge in the delightful delicacies of "Eat More Tortillas" today and experience the joy of cooking and eating tortillas like never before!



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